



**UWA**  
PERTH · AUSTRALIA

**FENCING  
CLUB**

## Discover the Fun of Fencing

### Term 4 Beginners Fencing Classes – from Saturday 17<sup>th</sup> October 2020

Under 10 at 9:00 am

Under 13 at 10:00 am

Over 13 at 11:00 am

Equipment for the classes will be provided.

### The Sport of Fencing

Fencing is an exciting, safe, modern, and fast paced sport which can be enjoyed by any person of any age, gender and sporting ability. It is one of only four sports to have been contested at every Modern Olympic Games. The objective is to score touches with a sword against a similarly armed opponent.

Fencing can help participants develop:

- Fitness;
- Stamina;
- Strength;
- Dexterity;
- Balance;
- Reflexes;
- Hand-eye-foot coordination;
- Tactical and strategic thinking skills;



### UWA Fencing Club

The University of Western Australia Fencing Club, formed in 1947, is one of the oldest fencing clubs in Western Australia. We welcome all members of the community including wheelchair participants, whatever your age, fitness or ability. We aim to provide a safe and inclusive environment for everyone.

### Get in Touch

e-mail: [secretary@uwafencing.org](mailto:secretary@uwafencing.org) phone: 0413 426 595

or visit [www.uwafencing.org](http://www.uwafencing.org) to arrange a free trial.

Find us at UWA Claremont Gym

International Martial Arts Centre (IMAC)

Corner Princess & Goldsworthy Rd, Claremont.

