

Dear Parents and Caregivers,

So much has been going on at school over the past fortnight there is hardly any room for comment in this newsletter! I will keep my message short so you can spend your time reading about the exciting events that students have been participating in!

Thank you to all parents who assisted with the Busy Bee. We really appreciate the time you gave to support the school and our gardener Tony who is doing a fantastic job in improving our grounds.

Thank you to Miss Tropiano and all the teachers for an excellent Faction Swimming Carnival. It was wonderful to see our students enjoy the day. Best wishes to our Interschool team who participate in the interschool competition next Tuesday.

Great to see so many students riding and walking to school this morning. Thank you to Mr Cohen for co-ordinating this event and the support of Creative Meats with the sausage sizzle.

Our P&C work tirelessly in support of our school. Last Tuesday's meeting saw a number of projects approved for funding in line with strategies in the new Business Plan and guiding principals work of the Grounds and Facilities Improvement Committee (GAFIC). The planning committee for this is presenting the first draft to the Board on Tuesday evening. Broad directions for the next three years have already been shared at parent meetings at the end of last term and beginning of this term and will be communicated in greater details in due course.



We have been advised that Floreat Park Primary School will receive:

\$50,000 towards the external painting of the old buildings in the school and \$60,000 towards an upgrade of senior boys and girls toilets.

Work will begin next term!!

Have a wonderful Easter break.

Jane Rowlands Principal

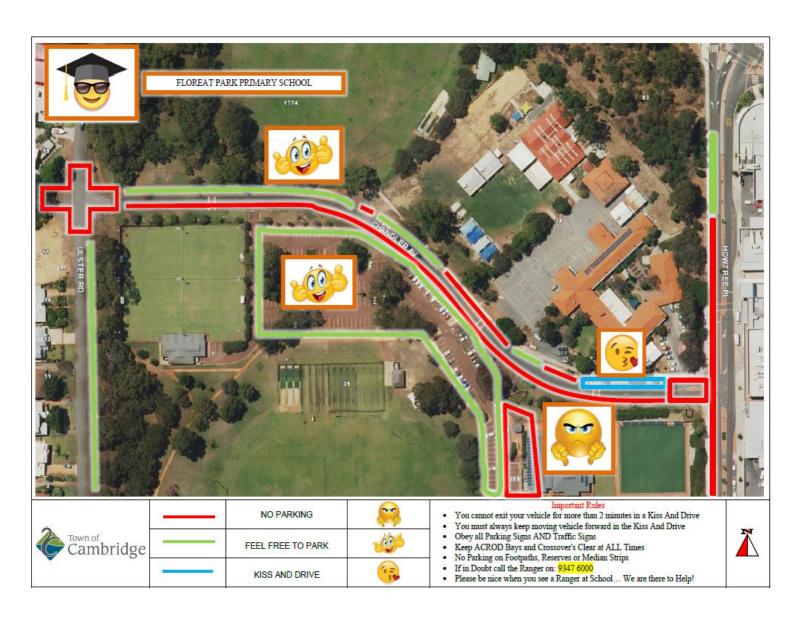


Parking at pick up and drop off times

The Town of Cambridge have sent us an **updated map** regarding parking restrictions at pick up and drop off. Please note the clarification of parking over the road.

The rangers have asked for feedback on the map and reiterate that their aim is to educate and work with the community.

You can send any feedback or questions to rangers@cambridge.wa.gov.au





EASTER CONFECTIONARY IN SCHOOL

Floreat promotes an 'allergy aware' message to our community as we have a number of students and community members with severe allergies.

The school employs a number of practical prevention strategies to minimise exposure to known allergens and together with the community, has devised a comprehensive anaphylaxis policy available on the website

 $\frac{http://www.floreatparkps.wa.edu.au/wp-content/uploads/Floreat-Park-Anaphylaxis-Policy-August-2015-1.pdf}{}$

We actively discourage products containing nuts being brought into school. Certain chocolate products may also present challenges to some children.

Next week students may undertake seasonal supervised cooking activities in class. Teachers are aware of students that require monitoring, however, if parents have any concerns please see the class teacher and talk this through with your child.

Towards Easter, some students may wish to bring confectionary gifts into school to give to their friends. In such cases, it is our preference that these are **not opened or consumed** until after school and under the care of parents.

On behalf of the community thank you in advance for being 'allergy aware'.



Please note the following public holidays

30 March – Good Friday 2 April – Easter Monday

Metropolitan Government Schools will be closed on Tuesday 3 April

School Holidays 16-27 April

School commences Monday 30 April 2018



Ride to School Day

Our Chefs



This morning we could celebrate the fact that 89% of the school arrived by non-motorised means. What a contrast to the baseline data collected on the 12 March!!

Many thanks are owed to our gardener/handyman Tony, the Town of Cambridge, Karen Wilson (school canteen) and the Holmes family (Creative Meats, Herdsman).

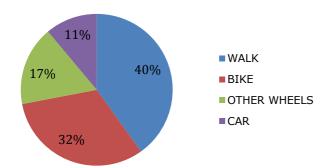
The sausage sizzle was delightful!

Chandler Avenue at

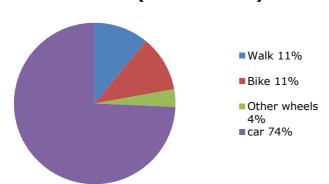




23 March



12 March March (Baseline data)







Faction Swimming Carnival

Here are the Championship children and the results of the swimming carnival.

Yr 4 Champion Girl: Tara Swingler Reabold

Yr 4 Champion Girl Runner Up: Summer Zani Perry

Yr 4 Champion Boy: Billy Strang Perry

Yr 4 Champion Boy Runner Up: Findlay Gordon Chandler

Yr 5 Champion Girl: Matilda Churchin Chandler

Yr 5 Champion Girl Runner Up: Ivy O'Brien Beecroft

Yr 5 Champion Boy: Liam McDowell Perry

Yr 5 Champion Boy Runner Up: Jack Brennan Beecroft

Yr 6 Champion Girl: Kate Sullivan Chandler

Yr 6 Champion Girl Runner Up: Charlotte Spencer Beecroft

Yr 6 Champion Boy: Hamish Fraser Chandler

Yr 6 Champion Boy Runner Up: Royce Trainor Perry





Overall Results

1st Place: **Reabold 631** 2nd Place: **Perry 612** 3rd Place: **Chandler 587** 4th Place: **Beecroft 549**

Comments from the Year 6's

Chandler

"We loved how all the Faction Captains got to do a speech about how much they appreciated all the people that organised the carnival and to thank all the Factions for trying their hardest".

Reahold

"Reabold won because everybody tried their best and we cheered".

Perry

"Well done to all the awesome students for having a fantastic try at everything".

Beecroft

"We would like to thank the parents and supporters for being at the Carnival and inspiring the children".

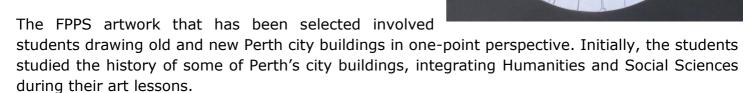


Floreat Park Primary School Artwork Selected by Heritage Perth

Heritage Perth have selected artwork by some of our 2017 Year 6 students to display in their upcoming professional learning days as examples of how Perth's heritage can be included in schools' learning programs.

Staff from Heritage Perth were so impressed by our students' artwork that, not only will the artworks be used to inspire teachers, one artwork was even included as part of their advertising flyer!

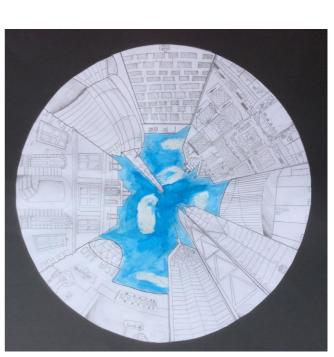
'The role of Heritage Perth is to present the heritage of the city in a positive way, demonstrating it as a valuable educational asset.'



They compared past and present architecture, and were keen to hear interesting stories and historical facts about their city. The students were inspired, and demonstrated so much enthusiasm towards this project over a number of weeks. They are very deserving of this wonderful recognition of their efforts.

Nicole Kettell, Visual Arts Teacher







Harmony Day



We celebrated Harmony Day on Wednesday.

Mrs Birmingham's Year 5 class did a survey of our students and came up with these amazing results.

- 111 students out of a possible 552 (PP to Yr 6) speak a second language at home. That is 20% of the student population.
- There are 33 languages, other than English, spoken.
- The common second language is Mandarin with a total of 32. That is nearly 6% of the school.

Book Fair

We have confirmed two dates for our Book Fair this year.

Wednesday 23 May and Friday 9 November, more information to follow.





Bounce Back

If you are resilient you are able to cope reasonably well with difficult situations and things that go wrong, and then 'bounce back.' Our Bounce Back Wellbeing and Resilience program aims to teach children the skills and attitudes to help them become more resilient.

During these next couple of weeks students across the school will be delving into discussions on courage. To support our program you may like to continue these conversations at home.

Key points to communicate to your child about being brave;

- 1) Everyone feels scared sometimes
- 2) We all need to use a lot of 'everyday courage' in our lives
- 3) Weigh up the advantages and disadvantages of trying to be a hero
- 4) There's a big difference between courage and being foolhardy

We would like to invite you to the launch of the program on May 4. Each year group will have a time allocated (TBA), where they can come out and enjoy the festivities of the day.

A bouncy castle, Bounce Back activities and opportunity for you to bond with your child and discuss the core components of the program will be made available.

You can help your child get the best out of their involvement with Bounce Back if you reinforce the key messages they are learning.

We look forward to beginning this Bounce Back journey with you on board.

Kind regards

Emily Eldridge



Snack Shack Canteen

The Snack Shack Canteen has its own phone number - **0417 384 866**.

Calls or messages to this phone number will be answered between 8:30am – 2:00pm Monday - Friday.

Please use this phone number to contact Fran Cockerill or Karen Wilson for anything related to the Snack Shack Canteen.

Kindergarten and Pre-Primary Fashion Night

The Kindy and Pre-Primary Fashion Night held on Thursday 15 March was lots of fun with many new faces forming future friendships.

Thank you to the following local businesses for donating exceptional door prizes and for opening their doors for the evening.

Your support is always greatly appreciated.











-Est 2015 -



Busy Bee

On Sunday 11 March, we had a great turn out of parents and children keen to assist with our grounds projects. Pen Melis had a busy team that gave the Pre-primary area a wonderful makeover.

Mr McCarter brought his landscaping expertise and staff to move the 30 cubic metres of washed sand into the play equipment area. How could we have done it without the Kanga?

Other volunteers were freed up to move and spread a huge pile of mulch.



A team of three cleared the bed near the undercover way of unwanted couch grass. We are all grateful for your effort, showing our children the virtue of volunteering.













A note from the Community Health Nurse

Welcome to the new school year. My name is Robyn Robson and I am the Community Health Nurse who visits your school.

Community Health Nurses work in schools to promote healthy development and wellbeing so students may reach their full potential. A major part of my work is focused on early intervention and the School Entry Health Assessment program.

Community Health Nurses serve as a health contact point for children and their families, providing information, assessment, health counselling and referral. The services provided are free and confidential.

If you have a concern about your child's health or development, please contact me via email at Robyn.Robson@health.wa.gov.au.

Parenting support

As parents, you are the most important person in your child's life.

Many parents find life with a child a joyful but challenging experience. Children's needs change as they grow and each stage brings new challenges. You may find the following resources helpful from time to time as you navigate some of these challenges as a parent:

- Raising Children Network www.raisingchildren.com.au
- Healthy WA http://healthywa.wa.gov.au/Healthy-living/Parenting
- Triple P Positive Parenting Program www.healthywa.wa.gov.au/Triple P
- Ngala www.ngala.com.au/
- Child and Parent Centres http://childandparentcentres.wa.edu.au/

Building resilience

Resilience is the ability to cope with difficult situations and 'bounce back' when things go wrong. Young people need to develop resilience in order to navigate life's ups and down. As a parent, you can help your child to become resilient by giving him or her opportunities to learn and practise new skills, for example:



- Allow your child to solve some of their own problems. Learning to deal with issues builds skill and confidence. Don't jump in to fix things, unless the situation has got out of hand.
- Arrange a fun, child-friendly activity each week like a trip to the park, play date with a friend or watching a favourite movie. Regular 'ups' provide a bank of positive emotions to buffer against life's 'downs' that may involve disappointment or conflict.
- Help your kids to think positively. If your child is frustrated by a difficult maths
 problem, say, "I know that question was hard today, but yesterday I saw you solve
 a hard problem. You kept trying until you worked it out."
- If you have a disagreement with your child, the most important thing to do is to reconnect and repair the relationship. Let your child cool down then offer a hug or words of support. This has benefits for your child's mental health as well as their ability to deal with relationship problems throughout their life.

For more information about raising a resilient child, go to www.kidsmatter.edu.au or http://raisingchildren.net.au

Sleep

School-aged children need 10 -11 hours sleep a night. Getting a good night's sleep will help your child to be more settled, happy and ready for school, and will strengthen their immune system. Here are some sleep tips:

- Have a bedtime routine this will help your child wind down from the day.
- Keep the bedroom dark, cool and quiet this will help your child drift off easily.
- Turn off media devices an hour or two before bedtime (see link below).
- If anxieties or worries are keeping your child from relaxing, acknowledge the feelings and deal with it straight away or plan to sort the issue out in the morning after a good night's sleep.

Remember, medication is not the answer to children's sleep problems.

Go to http://raisingchildren.net.au and/or https://www.kidsmatter.edu.au/families/enewsletter/screen-time-and-sleep for more information.

School Sores (Impetigo)

Impetigo is an infection of the skin caused by bacteria. It will usually start with a blister or a group of blisters. The blisters will often pop, weep and form a crust. Small spots may spread outwards from the first spot. The spots are usually itchy.

If your child has impetigo they should be checked by a doctor. The doctor may prescribe antibiotics. You should cover the sores with watertight dressings and cut the child's nails to prevent them from scratching. Impetigo is spread very easily to others, so keep the child home until 24 hours after treatment has begun. Wash hands regularly to prevent spread to others.



COMMUNICATION

We use a number of methods to communicate with parents to help let you know what is happening in the school and with your children:

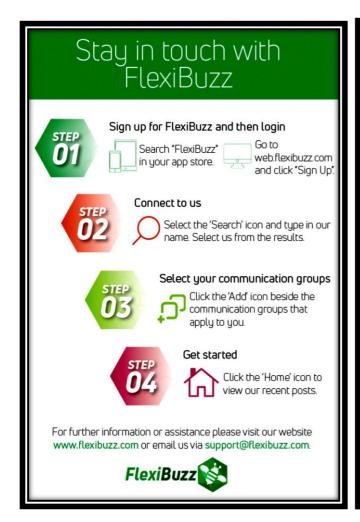
FlexiBuzz (previously TiqBiz) – This is our main form of communication as it is easily accessible by parents. We strongly encourage all parents to download and use the Flexibuzz app.

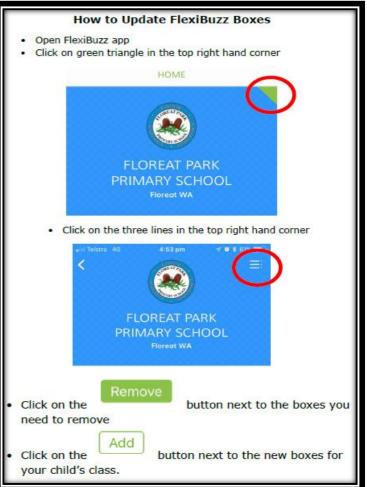
Emails—important notes are emailed to parents by the office staff on a regular basis. Class teachers also send emails to their class parents about information relevant to their students. For information specific to your child, please call in and speak to the teacher to make an appointment or email the teacher directly.

School News Feed, Calendar and Facebook page

Click here to subscribe to our school news feed.

<u>Click here to subscribe to our school calendar</u> or you can like our page on Facebook so you can keep up to date with what is happening at our school.







Floreat Park Primary School 2018 Term Dates

Term Dates:
TERM 1:
Wednesday 31 January - Friday 13 April
TERM 2:
Monday 30 April – Friday 29 June
TERM 3:
Monday 16 July – Friday 21 September
TERM 4:
Monday 8 October - Thursday 13 December
Public Holidays:
30 March – Good Friday
2 April – Easter Monday
25 April – ANZAC Day
4 June – Western Australia Day
24 September – Queen's Birthday (WA Only)
25 December – Christmas Day
26 December- Boxing Day
Metropolitan Government Schools will be closed on
Tuesday 3 April
School Development Days
Students do not attend on these days:
Friday 1 June
Friday 2 November
Friday 14 December



Important Dates

TERM 1

Monday 26 March Woodwork Juniors PP – YR2 and Y3E and Y3H

Tuesday 27 March Interschool Swimming Carnival Friday 30 March Good Friday Public Holiday Monday 2 April Easter Monday Public Holiday

Tuesday 3 April School Only Holiday **students do not attend**

Friday 6 April Room 1, YR 4C Assembly

Friday 6 April Woodwork Juniors PP – YR2 and Y3E and Y3H Monday 9 April Woodwork Juniors PP – YR2 and Y3E and Y3H Tuesday 10 April Woodwork Juniors PP – YR2 and Y3E and Y3H

Friday 13 April YR 6 ANZAC SERVICE
Friday 13 April Last Day of Term One

Please Note: Assemblies will be held on Fridays commencing at 9.00am

Community Noticeboard

Please check out our online <u>"Community Noticeboard"</u> to see if there are any events which are or interest to you.



MLC MASTERCLASS HOLIDAY PROGRAMME



April Holidays | 17-20 April 2018 | 9am-5pm







We invite girls and boys aged eight and above to join the Masterclass family. Try something new or master a passion for one or up to four days. "The Best Four Days Ever"

January 2018 Participant

Class sizes are limited and often sell out so please book early.

4 DAY PROGRAMMES

Culminating in a performance to parents/guardians on the final day.

ROBOTIC REVOLUTION

The application of STEM in the world of entrepreneurship. Suitable for 10 years and above.

A programme like no other! A sneak peek at the future application of STEM through a journey of self-discovery. Explore passion and problem-solving skills to create a small business solution. Create and code a robot, delve into design and digital technologies and master marketing and finance! Masterclass may be the inspiration for the next Evan Spiegel.

PYJAMAS AND POOCH COATS Supporting Shenton Dogs' Refuge Home.

No previous sewing experience necessary.

Sleep well this winter in new stylish and snuggly pyjamas while also knowing the dogs at Shenton Dogs' Refuge are warm in their kennels. Liz Bozsa, fashion design and fine art graduate makes learning to sew a breeze and what better way to use your new or improved skill to support a worthy local charity.

MIX IT UP

Choose one or any combination of these classes for up to four days. See timetable.

COOKING - SPARE RIBS, SNAKE CAKE, SHORTBREAD AND STROGANOFF

Something for everyone!

Safety is paramount for Masterclass. Suitable for participants 10 years and above.

Not a hamburger in sight as Brendan Murphy-Chef Explorer, takes participants to America then on to Morocco for snake cake, next stop a British bake off and finally savour the flavours of The World Cup including the best Belgian chocolate cake.

SCIENCE - MISSION TO MARS

No previous experience necessary.

According to science specialists Megan Caporn and Danielle Wright
- It is rocket sciencel Learn the where, why, what and how that is
the mystique of Mars. How astronauts are selected and survive
on Mars-make your own oxygen, grow food and exercise in zero
gravity. Explore the design and engineering of space crafts, rockets
and solar sails. Launch into loads of hands on science exploration.

4 DAY PROGRAMMES
ROBOTIC REVOLUTION \$360
PYJAMAS AND POOCH COATS \$400

MIX IT UP COOKING \$115 PER DAY SCIENCE \$100 PER DAY For further details call 9384 4000 or visit the MLC website at www.mlc.wa.edu.au/learning/masterclasses
Bookings www.trybooking.com/UMRP



MLC MASTERCLASS MIX IT UP

Choose to do four days of one topic or design a unique combination from any of these Masterclass options to suit the number of days you would like to participate.



TOPIC COOKING SPARE RIBS, SNAKE CAKE, SHORTBREAD AND STROGANOFF

Suitable for 10 years and above. Brendan Murphy, Chef Explorer, takes participants on a taste discovery of America (not a hamburger in sight), Morocco (snake cake), Britain for a bake off and finally to savour the flavours of The World Cup including the best Belgian chocolate cake

SCIENCE

necessary

exploration.

MISSION TO MARS

No previous Science experience

According to science specialists

Wright - It is rocket sciencel Learn

How astronauts are selected and

survive on Mars-make your own

oxygen, grow food and exercise

and engineering of space craft, rockets and solar salls. Launch into loads of hands on science

Megan Caporn and Danielle

the where, why, what and how

that is the mystique of Mars.

THESDAY

AMERICAN APPETISER

AM Finger licking good Boston Baked Spareribs and Beans, Calun inspired | starter of Minced Lamb and Feta Southern Baked Chicken served with American Sweet Corn fritters. PM Time for Dessert, Mississippi Mini

Mud cakes and Equadorian banana

Master Chef Demonstration Learn to pipe king on a plate.



MARS EXPLORERS WANTED

AM Explore the distance to Mars and Investigate how to get there. Imagine the honour of wearing an astronauts suit and why a visit to Mars would so magnificent, learn what skills and training are required to be selected for the next Mission.

PM Get creative with space craft engineering & design. Share Ideas and determine which spacecraft would make it to Mars.



WEDNESDAY MOROCCAN MAGIC

AM Start by making a delicious dgar shaped pastries. For lunch prepare flavoursome chicken Tagine, served with couscous.

PM Dessert, learn how to make a M'Hanncha or Snake Cake. Master Chef Demonstration

Who can shape the best Snake Cake?

COUNT DOWN TO LIFT OFF

AM Who could handle the thrill of Mission Control? 3,2,1 ... Blast off, time to design and launch what could be the rocket prototype for the next Mission to Mars. Design your own: mission patch.

PM Share Megan's recent learnings from a trip to the NASA Johnson Space Centre Houston USA - so many fascinating facts.



THURSDAY

THE GREAT BRITISH BAKE OFF! A TASTE OF THE WORLD CUP!

AM Scottish shortbread, then Cumberland sausages baked with Yorkshire pudding batter- the famous Rice Pllaff, French Salad Nicolse and and delicious Toad in the Hole." PM Travel to St Clements to make an 'Orange & Lemon Cheesecake.' Master Chef Demonstration Restaurant standard garnishes: orange segments and lemon wedges.



THE JOURNEY TO MARS

AM How do astronauts stay healthy, how do they exercise with zero gravity? Look at daily tasks we easily do on earth and how space travel Impacts them. Look at astronaut communication and limiting waste -Does recycling exist on Mars? PM Solar Salls. Look to the sun to create this form of spacecraft. propulsion using radiation pressure exerted by sunlight on large mirrors.



AM Start with Russian Beef Stroggnoff for lunch, Served with Spanish Serrano Ham and Cheese Croquette.

PM Belgium chocolate cake - is it the best chocolate in the world? Master Chef Demonstration

Quenelles technique for croquettes.



ARRIVE AT MARS

AM What would Mars base camp look like? Perhaps an orbiting outpost? What would enable the operation of rovers and drones? Imagine and create a base camp Incorporating your new knowledge. PM Surviving on Mars, making oxygen and growing food-come to Masterclass to find out how





Basketball Schools Program

Redhage Basketball Schools Program is a before school program that has been designed to provide a fun environment where kids can learn the skills needed to play basketball. This program has been designed personally by former Perth Wildcat Shawn Redhage to teach kids the key skills that will lay a solid foundation for the player's basketball journey.

The weekly sessions will teach the rules and skills needed to enjoy the game in a fun, low pressure environment, where participants can also have a great time with their friends. Whether you have played basketball for years or brand new to the sport this program will help improve your skills at each session.

This program is designed to give boys and girls aged 6-12yrs old the opportunity to play basketball at the convenience of their local primary school. The program runs for 8 weeks with classes grouped by grade and age level. The 8-week course costs \$130 and has been designed so children can learn and advance their skills throughout the 8 weeks





Coles Sports for Schools

Please support the Coles Sports for Schools Campaign.

A collection box for vouchers will be located outside the Coles Floreat Forum to place your vouchers in, or alternatively, there is a collection box in the school office.

What an amazing job you are doing once again in the whole community effort to raise as many Coles Vouchers as we can for the Coles Sports for Schools program.

You have kept me quite busy emptying the bin outside Coles at the Floreat Forum twice a week and Igot to tell you I love it. Every time I go there it is absolutely full to overflowing. Our information from Coles tells us that April 3rd is the last date to put the stickers in the box so keep up the great work.



Miss Trop has been putting together our list of requirements in the online shop so once again Floreat should be receiving a great range of sporting equipment due to the amazing support of the community.

Keep up your great work.

Chaplain Sue



Before School / After School Care Program

All families must be enrolled to attend the program, remember this is Free!!

Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account.

For on the day bookings please contact the Coordinator direct at the program.