

2022 AUTUMN DAILY CANTEEN MENU

The Canteen is allergy aware and falls in line with the school's Allergy and Anaphylaxis Policy. It is proudly operated by The FPPS P&C Association.



Manager:	Sarah Oliver	Contact:	0417 384 866
Coordinators:	Sarah Kostarelas & Suzzi Zhang	Order online:	Qkr app
Operating Hours:	8:30am – 2:00pm	Order Cut Off Times:	Strictly 8:30am

All lunch orders are to be placed via Qkr.

The items on this menu are available EVERY DAY of the week

SANDWICHES, ROLLS & WRAPS	PRICE	OTHER	PRICE
Vegemite	\$2.00	Veggie cup – carrot & cucumber	\$1.00
Vegemite & Cheese	\$2.50	Veggie Cup with Hummus – Carrot & Cucumber	\$1.50
Cheese	\$3.20	Roast chicken drumstick	\$2.00
Salad – lettuce, tomato, carrot & cucumber	\$3.50	Corn-on-the-cob	\$1.00
Cheese & Salad	\$3.70	Apple	\$1.20
Chicken, ham or tuna	\$3.50	Orange chunks in a box	\$1.00
Chicken, ham or tuna with Salad	\$4.00	Tomato sauce	\$0.30
OPTIONAL EXTRA - mayonnaise	\$0.30	Strawberry yoghurt tub	\$2.00
OPTIONAL EXTRA – Gluten free bread	\$0.50		
TOASTED SANDWICHES & TOASTED WRAPS		DRINKS	
Cheese	\$3.20	MILK	250ml
Baked Beans / Spaghetti	\$3.00	Chocolate	\$2.50
Baked Beans / Spaghetti & cheese	\$3.50	Strawberry	\$2.50
Cheese & tomato	\$3.50	Honeycomb	\$2.50
Cheese & ham	\$4.00	JUICE	200ml 250ml
Cheese & tuna	\$4.00	Apple & Blackcurrant	\$1.50
Cheese, ham & tomato	\$4.20	Apple	\$2.50
Cheese, ham & pineapple	\$4.20	Chill J Cola	\$2.70
Cheese, chicken & mayo	\$4.00	Chill J Grape	\$2.70
Ham	\$3.50	Chill J Raspberry	\$2.70
Vegemite	\$2.00	Chill J Blackcurrant	\$2.70
Vegemite & Cheese	\$2.50	Water (600ml)	\$1.50
OPTIONAL EXTRA– mayonnaise	\$0.30		
OPTIONAL EXTRA – gluten free bread	\$0.50	ICY TREATS – only available at lunchtime	
SALAD		Paddle Pops	\$2.00
- Lettuce, tomato, cucumber, carrot, oil & vinegar dressing:		Quelch	\$0.80
- with olives & feta	\$4.50	Half	\$0.40
- with ham, chicken or tuna	\$4.50	Vanilla Cup	\$1.50
		Juicies	\$1.50
SNACK BOX (GF)		COUNTER SALES: CASH ONLY	
- Hommus, Carrot & Cucumber Sticks, Cheese Slices, Rice Crackers and half sliced apple.	\$4.50	Recess items range from 30c up to \$1.50	
OPTIONAL EXTRA - Add Ham	\$0.50		
OPTIONAL EXTRA - No Hommus Ham instead			

Recess: 11:00am – 11.20am **Lunch:** 12.50pm – 1.30pm

2022 AUTUMN DAILY SPECIALS MENU

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The items on this menu are available only on the specified day of the week

Amber = Choose carefully **Green = Best choices** **V = Vegetarian**

DAY	SPECIAL MENU	PRICE
MONDAY	PIZZA – Made to order	
	Cheese with Tomato Pizza Sauce (V)	\$4.25
	Cheese & Ham with Tomato Pizza Sauce	\$4.75
	Cheese, Ham & Pineapple with Tomato Pizza Sauce	\$5.00
	OPTIONAL EXTRA – Gluten Free Base	\$1.00
TUESDAY	SUSHI – (8 pieces)	
	- Chicken	\$8.00
	- Tuna (GF)	\$8.00
	- Vegetarian (V) (GF)	\$8.00
WEDNESDAY	YUMMY DRUMMIES (Crumbed Chicken Nuggets)	\$1.75 each
	HAMBURGER	
	- Beef Burger in bun	\$4.50
	- Beef Burger in bun with lettuce & Tomato	\$4.75
	- Cheese & Burger in bun	\$4.75
	- Cheese & Burger in bun with lettuce & Tomato	\$5.25
THURSDAY	MACARONI CHEESE Home-made (V)	\$4.50
	BOLOGNESE PASTA Home Made	\$5.00
	OPTIONAL EXTRA – Gluten Free Pasta	\$0.50
	OPTIONAL EXTRA – Add Cheese	\$0.50
FRIDAY	PIES	
	Meat pie	\$5.00
	Sausage roll	\$3.75
	Mini party pies	\$1.60